

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Dolphin EYFS/ Y1	Dance	Gymnastics	Swimming Games: Attacking and Defending	Swimming Games: Multi-skills	Athletics	Outdoor Adventurous Activities: Yoga
Whale Y2/Y3	Swimming Dance	Swimming Gymnastics	Games: Invasion Games	Games: Net and Wall, Striking and Fielding	Athletics	Outdoor Adventurous Activities
Shark Y4/5/6	Dance	Gymnastics	Games: Invasion Games	Games: Net and Wall, Striking and Fielding	Swimming Athletics	Swimming Outdoor Adventurous Activities

**See separate progression maps for development of skills and building upon prior learning.*